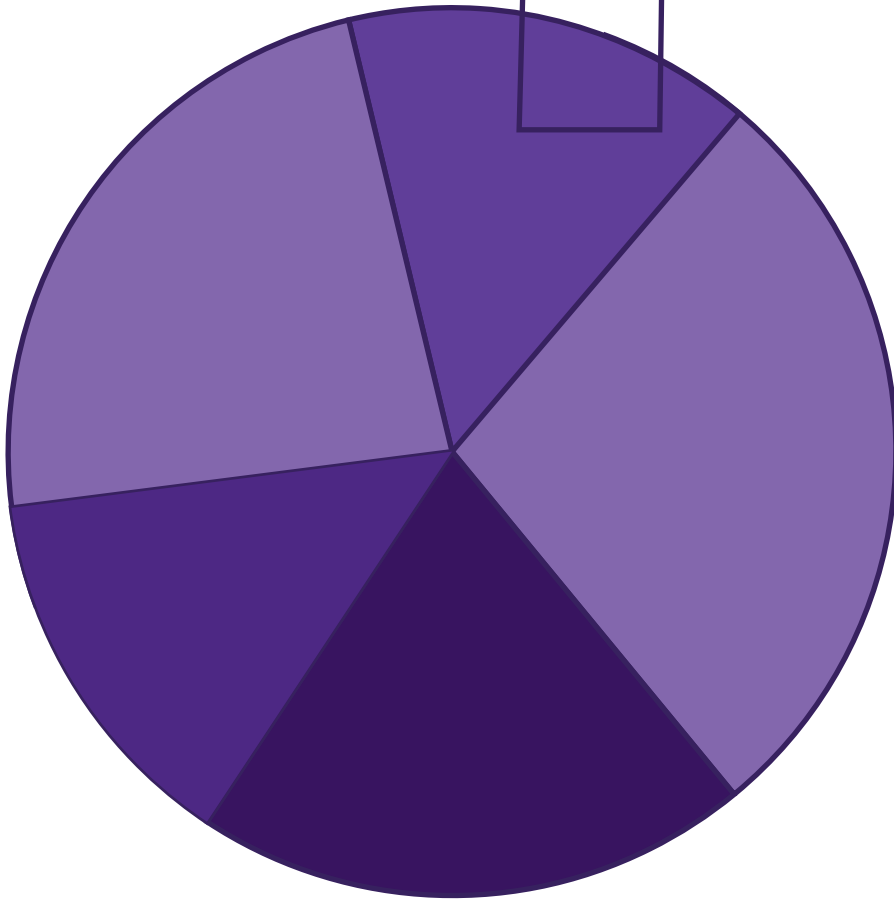


# THE STUDY CYCLE



## FOCUSED STUDY SESSION

### PLAN

1 - 2 minutes

S a . . c c . . a .

30 - 50 minutes

U . . c . . d . . a . .  
d . . l . . a . . a . . a . .  
b . . c . . c . . a . . a d . .  
c . . . . . b . .  
a . d . . . . .

R . . b . . c . . c a . . b . .  
a . . . . . : Why? How? What If?

### BREAK

5 - 10 minutes

S . . a a . Q a . . . . d .

### RECAP

5 minutes

S a . . . W a . . . .

### CHOOSE

C . . . . . d . . ?  
T a . . a . . . . b . . a . ?  
C . a . . . . a . . . . b . . c . ?